

Day 6

by Dr. Ryuta Kawashima

Author of *Train Your Brain More: 60 Days to a Better Brain: Better Brainpower, Better Memory, Better Creativity*

Start Time: __:__

$14 - 7 = \underline{\quad}$	$15 \div 9 = \underline{\quad}$ remainder $\underline{\quad}$	$14 \div 7 = \underline{\quad}$
$8 \times 9 = \underline{\quad}$	$4 \times 8 = \underline{\quad}$	$9 + 7 = \underline{\quad}$
$11 \div 9 = \underline{\quad}$	$8 + 3 = \underline{\quad}$	$18 - 9 = \underline{\quad}$
$9 \times 7 = \underline{\quad}$	$13 - 4 = \underline{\quad}$	$18 \div 3 = \underline{\quad}$
$3 + 6 = \underline{\quad}$	$18 \div 2 = \underline{\quad}$	$3 \times 7 = \underline{\quad}$
$12 - 5 = \underline{\quad}$	$8 + 1 = \underline{\quad}$	$9 + 8 = \underline{\quad}$
$7 \div 1 = \underline{\quad}$	$14 - 6 = \underline{\quad}$	$5 \times 2 = \underline{\quad}$
$3 \times 9 = \underline{\quad}$	$12 \div 7 = \underline{\quad}$ remainder $\underline{\quad}$	$7 + 2 = \underline{\quad}$
$6 + 7 = \underline{\quad}$	$2 \times 9 = \underline{\quad}$	$17 \div 7 = \underline{\quad}$ remainder $\underline{\quad}$
$7 - 1 = \underline{\quad}$	$9 + 3 = \underline{\quad}$	$3 + 1 = \underline{\quad}$
$6 - 2 = \underline{\quad}$	$4 + 8 = \underline{\quad}$	$1 - 1 = \underline{\quad}$
$8 \times 1 = \underline{\quad}$	$0 \times 2 = \underline{\quad}$	$6 - 4 = \underline{\quad}$
$2 + 7 = \underline{\quad}$	$10 - 6 = \underline{\quad}$	$8 \div 2 = \underline{\quad}$
$16 \div 5 = \underline{\quad}$ remainder $\underline{\quad}$	$5 + 2 = \underline{\quad}$	$9 + 0 = \underline{\quad}$
$4 - 3 = \underline{\quad}$	$8 - 1 = \underline{\quad}$	$2 \times 5 = \underline{\quad}$
$12 \div 4 = \underline{\quad}$	$13 \div 4 = \underline{\quad}$ remainder $\underline{\quad}$	$4 \times 2 = \underline{\quad}$
	$7 \times 7 = \underline{\quad}$	$9 - 7 = \underline{\quad}$

$3 + 2 = \underline{\quad}$	$6 \div 6 = \underline{\quad}$	$16 - 8 = \underline{\quad}$
$7 - 3 = \underline{\quad}$	$6 + 8 = \underline{\quad}$	$7 \times 4 = \underline{\quad}$
$9 \div 3 = \underline{\quad}$	$3 \times 1 = \underline{\quad}$	$9 - 1 = \underline{\quad}$
$5 \times 1 = \underline{\quad}$	$7 \div 6 = \underline{\quad}$ remainder $\underline{\quad}$	$4 + 5 = \underline{\quad}$
$10 - 4 = \underline{\quad}$	$11 - 5 = \underline{\quad}$	$14 \div 2 = \underline{\quad}$
$2 + 2 = \underline{\quad}$	$1 + 3 = \underline{\quad}$	$8 + 7 = \underline{\quad}$
$5 - 3 = \underline{\quad}$	$2 \times 3 = \underline{\quad}$	$7 \times 5 = \underline{\quad}$
$18 \div 5 = \underline{\quad}$ remainder $\underline{\quad}$	$5 \div 3 = \underline{\quad}$ remainder $\underline{\quad}$	$15 - 7 = \underline{\quad}$
$6 \times 5 = \underline{\quad}$	$8 \div 5 = \underline{\quad}$ remainder $\underline{\quad}$	$12 \div 6 = \underline{\quad}$
$7 \times 3 = \underline{\quad}$	$7 + 3 = \underline{\quad}$	$6 \times 4 = \underline{\quad}$
$5 - 0 = \underline{\quad}$	$4 \times 6 = \underline{\quad}$	$7 + 1 = \underline{\quad}$
$9 \times 5 = \underline{\quad}$	$0 + 3 = \underline{\quad}$	$16 \div 2 = \underline{\quad}$

$8 + 2 = \underline{\quad}$	$19 \div 4 = \underline{\quad}$ remainder $\underline{\quad}$	$7 + 9 = \underline{\quad}$
$8 - 3 = \underline{\quad}$	$14 - 5 = \underline{\quad}$	$19 \div 7 = \underline{\quad}$ remainder $\underline{\quad}$
$6 \div 2 = \underline{\quad}$	$4 \times 4 = \underline{\quad}$	$2 \times 2 = \underline{\quad}$
$3 + 8 = \underline{\quad}$	$11 - 4 = \underline{\quad}$	$7 - 5 = \underline{\quad}$
$10 \div 2 = \underline{\quad}$	$3 \times 5 = \underline{\quad}$	End Time: $\underline{\quad}$

Copyright © 2009 Dr. Ryuta Kawashima author of *Train Your Brain More: 60 Days to a Better Brain: Better Brainpower, Better Memory, Better Creativity*

Dr. Ryuta Kawashima, author of *Train Your Brain More: 60 Days to a Better Brain: Better Brainpower, Better Memory, Better Creativity*, is Professor of Neuroscience and head of the Functional Brain Imaging Center at Tohoku University. His successful research, especially with Alzheimer's patients, is revolutionizing health care around the world. His first book, *Train Your Brain* sold 1.2 million copies in Japan and he is the hero of Nintendo's hugely successful game BRAIN AGE.